

Multidisciplinary Approach to Managing Patients with Chronic Neurologic Disorders

Friday, October 30, 2009



Jointly Sponsored by

The Myasthenia Gravis Association
of Western Pennsylvania
The Multiple Sclerosis Service Society
The Parkinson Foundation
of Western Pennsylvania
Allegheny General Hospital
West Penn Allegheny Health System
Pittsburgh, Pennsylvania

Please post or circulate

Allegheny General Hospital
Continuing Medical Education
320 East North Avenue
Pittsburgh, Pennsylvania 15212-4772

Conference Director

George A. Small, MD

Assistant Professor of Neurology
Drexel University College of Medicine
Director, EMG Laboratory and
Neuromuscular Services
Medical Director, Myasthenia Gravis Center
Allegheny General Hospital
Pittsburgh, Pennsylvania

Allegheny General Hospital Faculty

Susan Baser, MD

Associate Professor, Neurology
Drexel University College of Medicine
Medical Director, The Movement Disorder
and Spasticity Center
Allegheny General Hospital

Erik Happ, MD

Instructor, Neurosurgery and Ophthalmology
Drexel University College of Medicine
Neuro-ophthalmology, Orbital and
Oculoplastic Surgery
Departments of Neurosurgery and Ophthalmology
Allegheny General Hospital

David Helfrich, MD

Division of Rheumatology
Department of Medicine
Allegheny General Hospital

Sandeep Rana, MD

Clinical Associate Professor of Neurology
Drexel University College of Medicine
Director, Neurology Residency Program
Allegheny General Hospital

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which in the context of their presentation(s), could be perceived as a real or apparent conflict of interest, (e.g., ownership of stock, honoraria or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

Conference Overview and Objective

A consortium of patient-service organizations, including the Myasthenia Gravis Association of Western Pennsylvania, the Multiple Sclerosis Service Society and the Parkinson's Foundation of Western Pennsylvania have joined together with Allegheny General Hospital to develop a one-day conference for health professionals to demonstrate the importance of utilizing various medical disciplines as the most effective approach in treating complex, chronic neurologic disorders thus improving the treatment and management of patients suffering with these chronic disorders.

Intended Audience

This conference is intended for neurologists, primary care physicians, and other members of the health care team interested in best practice management for patients with chronic neurologic disorders including Myasthenia Gravis, Parkinson's Disease and Multiple Sclerosis.

Accreditation

AMA PRA Category 1 Credit™

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Allegheny General Hospital designates this educational activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing Credit

This program is awarded 5.9 contact hours through the Pennsylvania Nurses Association.

Conference Location

George J. Magovern, M.D. Conference Center
Allegheny General Hospital
320 East North Avenue
Pittsburgh, Pennsylvania 15212-4772

Conference Schedule

8:00 a.m. Registration and Continental Breakfast

8:45 a.m. Welcome and Introduction
George A. Small, MD

9:00 a.m. Current Management of Parkinson's Disease
Susan Baser, MD

The participants will be better able to understand the differential diagnosis of patients with basal ganglionic disorders such as Parkinson's disease, among less common causes. Current treatment strategies and current state of research will be discussed. The appropriate referral for deep brain stimulation for Parkinson's disease, as well as indications for apokyn therapy will be discussed. The participants will be better able at the end of lecture to identify patients who are appropriate for specific forms of therapy and for referral for more advanced treatments.

9:45 a.m. Corticosteroid Use in Neurological Disease and Osteoporosis Prevention
David Helfrich, MD

The participants will be updated on the current state of affairs of managing patients on long-term steroids. Efforts to minimize steroid dosage and current treatment recommendations for patients with early osteoporosis will be discussed, involving newer medications for the prevention and treatment of osteopenia and osteoporosis. Side effects of long-term steroid therapy will be discussed.

10:30 a.m. **B R E A K**

10:50 a.m. Ocular Manifestations of Multiple Sclerosis and Myasthenia Gravis
Erik Happ, MD

The participants will better be able to identify neuro-ophthalmological conditions especially as related to the diagnosis and management of patients with ocular myasthenia gravis and ocular effects of multiple sclerosis. Subtle differences in presentation between these two diagnoses and the more common stroke and ophthalmological causes of double vision, visual loss, and ocular migraine will be discussed in detail. The participants will be better prepared through the information contained in this lecture to make ophthalmologic referrals when appropriate, when suspecting neurological causes of double vision, visual loss, and eye muscle weakness.

11:30 a.m. Panel Discussion
George A. Small, MD-Moderator

12:15 p.m. **L U N C H**

Conference Schedule (continued)

1:15 p.m. Update on Current Treatment and Research Trends in Amyotrophic Lateral Sclerosis
Sandeep Rana, MD

The participants will be able to identify early signs of amyotrophic lateral sclerosis, among other more benign motor neuron diseases. The approach to the patient with amyotrophic lateral sclerosis, breaking the diagnosis to the patient, and appropriate use of physician extenders and ancillary personnel, as well as consultants including pulmonologists, social workers, rehabilitation specialists, and spiritual advisors will be discussed. New therapies and current status of research in Lou Gehrig's disease will update the participants' current state of knowledge of the motor neuron diseases.

2:00 p.m. Overview of Chronic Neurological Illness: Diagnosis and Management in the 21st Century
George A. Small, MD

The participants will be able to identify the unique complications of chronic neurological illness and improvements in treatment emerging over the last decade. With prolonged survival confronting the patient, health care providers, and physician extenders, new treatment challenges and life-quality questions will also be discussed.

2:45 p.m. Panel Discussion
George A. Small, MD-Moderator

3:45 p.m. Evaluation

4:00 p.m. **A D J O U R N M E N T**

Parking and Directions

Parking will be available at no charge in the Allegheny General Hospital employee garage (General Robinson Street Garage) located on Pittsburgh's North Shore between PNC Park and Heinz Field. The hospital will provide shuttle transportation between the garage and the hospital before and after the conference.

For detailed driving directions to the General Robinson Street Garage, please refer to the Allegheny General Hospital Continuing Medical Education Web site at www.aghcme.org.

(continued)

Additional Information

For additional questions concerning the conference, please contact the Continuing Medical Education office by e-mail: cjackel@wpahs.org, by calling (412) 359-4952 or by fax at (412) 359-8218.

Refund Policy

A refund of the registration fee, less a 10 percent processing fee, will be made when a written request or a telephone request followed by a written confirmation is received prior to October 23, 2009. After this date, refunds will not be made. Fees will not be refunded for failure to attend.

Allegheny General Hospital reserves the right to cancel or postpone any conference because of unforeseen circumstances or insufficient enrollment. In the event of such cancellation, full tuition will be refunded.

Registration Information

The registration fee includes conference materials, continental breakfast, break refreshments and lunch.

Fee: \$60 Physicians
\$35 Others
NC WPAHS Employees

Deadline: October 23, 2009
(After this date, registrations will be taken on a space available basis.)

To Register: Complete the registration form and return it with the registration fee to:

Continuing Medical Education
Allegheny General Hospital
320 East North Avenue
Pittsburgh, Pennsylvania 15212-4772
(412) 359-4952
(412) 359-8218 fax

The preferred method of payment is by VISA, MasterCard, American Express or Discover, however, checks will be accepted made payable to **Allegheny General Hospital**.

Multidisciplinary Approach to Managing Patients with Chronic Neurologic Disorders

Friday, October 30, 2009

Please indicate: I would like a vegetarian lunch.
 I will utilize the shuttle service from the employee parking lot on Reedsdale Street.

Name _____
(print name and degree, if applicable, as you wish it to appear on badge)

Degree _____ Specialty _____
(for accreditation purposes)

Occupation _____

Hospital or Organization _____

Home or Business Address (including department):
(where you prefer mail to be sent)

City _____ State _____ Zip _____

Day Telephone () _____

FAX# () _____

Method of Payment: Credit Card Check

Total Amount \$ _____

Credit Card: VISA American Express

MasterCard Discover

Card # _____ Exp. Date _____

Name as it appears on card _____

Signature _____

If you require assistance with hearing, vision or mobility to make this conference accessible to you, please check this box and contact the CME office at (412) 359-4952 two weeks prior to the conference date.