YOU ARE CORDIALLY INVITED TO ATTEND

Caring Hands and the Patients with Neurologic Disorders

Saturday, October 23, 2010
Sheraton Station Square Hotel
Pittsburgh, Pennsylvania

Jointly Sponsored by
The Myasthenia Gravis Association of Western Pennsylvania
The Multiple Sclerosis Service Society Division of UCP/CLASS
The Parkinson Foundation of Western Pennsylvania
Allegheny General Hospital
West Penn Allegheny Health System
Pittsburgh, Pennsylvania
Overview and Intended Audience

A consortium of patient-service organizations, including the Myasthenia Gravis Association of Western Pennsylvania, the Multiple Sclerosis Service Society Division of UCP/CLASS and the Parkinson’s Foundation of Western Pennsylvania have joined together with Allegheny General Hospital to develop a one-day conference for patients, caregivers and health professionals to demonstrate the importance of utilizing various medical disciplines as the most effective approach in treating complex, chronic neurologic disorders thus improving the treatment and management of patients living with these chronic disorders.

Accreditation

AMA PRA Category 1 Credits

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Allegheny General Hospital designates this educational activity for a maximum of 2.5 AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Social Worker and Nursing Credits

Continuing education credits from NASW for 2 CEUs is pending approval for social workers and nurses. Fees for the continuing education units are provided by Home Instead Senior Care.

Seminar Location

Sheraton Station Square Hotel
300 West Station Square Drive
Pittsburgh, Pennsylvania 15219
(412) 261-2000 Telephone

Parking and Driving Directions

Parking is available at the hotel as well as the public parking garage across the street from the hotel.

From the Pittsburgh International Airport
Take 60 South (Pittsburgh) to Interstate 279 North to Exit 5-C (West End). Bear right and continue for approximately one mile. At the second light, turn right onto Carson Street (Route 837). The hotel is approximately 1.5 miles on the left.

From the East
Take Interstate 376 West to the Grant Street Exit (1C). Turn left at the first light onto Fort Pitt Boulevard. Stay in the left lane and go one block to Smithfield Street. Turn left at the light onto the Smithfield Street Bridge, and the Station Square entrance is at the end of the bridge.

From the North
Take Interstate 79 South to I-279 South to Fort Pitt Bridge. Stay in the far right lane and exit 5-C. (West End) just before the tunnel. This will put you on Carson Street. (Route 837). Turn right at the first light and follow the access road to the hotel.

From the South
Take Route 79 North to I-279 North (Pittsburgh). Take Exit 5-C (West End) and bear to the right. Continue for approximately one mile and at the second light, turn right onto Carson Street (Route 837). The hotel is approximately 1.5 miles on the left.

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which in the context of their presentation(s), could be perceived as a real or apparent conflict of interest, (e.g., ownership of stock, honoraria or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

Course Director

George A. Small, MD
Assistant Professor of Neurology
Drexel University College of Medicine
Director, EMG Laboratory and Neuromuscular Services
Medical Director, Myasthenia Gravis Center
Allegheny General Hospital
Pittsburgh, Pennsylvania

Planning Committee

Barbara Lefler
Executive Director
The Myasthenia Gravis Association of Western Pennsylvania
Pittsburgh, Pennsylvania

Susan J. Navish
Director
Multiple Sclerosis Service Society Division of UCP/CLASS
Pittsburgh, Pennsylvania

David Von Hofen
Assistant Professor of Neurology
Director of Programs and Outreach
Parkinson Foundation of Western Pennsylvania
Pittsburgh, Pennsylvania

Allegheny General Hospital Faculty

Sandeep S. Rana, MD
Clinical Associate Professor of Neurology
Drexel University College of Medicine
Director, Neurology Residency Program
Allegheny General

George A. Small, MD
Assistant Professor of Neurology
Drexel University College of Medicine
Director, EMG Laboratory and Neuromuscular Services
Medical Director, Myasthenia Gravis Center
Allegheny General Hospital
Pittsburgh, Pennsylvania
**Conference Schedule**

**Saturday, October 23, 2010**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>9:00 a.m.</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>9:45 a.m.</td>
<td>Welcome and Introduction</td>
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<tr>
<td></td>
<td>George A. Small, MD</td>
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<tr>
<td>10:00 a.m.</td>
<td><strong>Keynote Address</strong></td>
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<td></td>
<td>Cultural Shifting: Building Social Capital</td>
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<tr>
<td></td>
<td>Al Condeluci, PhD</td>
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<td></td>
<td><strong>Objectives</strong></td>
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<tr>
<td></td>
<td>At the conclusion of this conference, participants should be able to:</td>
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<tr>
<td></td>
<td>• understand the historical development related to disability and how</td>
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<td></td>
<td>these people are devalued in society</td>
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<td></td>
<td>• be introduced to the cultural perspective</td>
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<td></td>
<td>• describe the major aspects of culture and community</td>
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<td></td>
<td>• explain the importance of Social Capital</td>
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<tr>
<td>11:00 a.m.</td>
<td><strong>Break</strong></td>
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<tr>
<td>11:15 a.m.</td>
<td><strong>Workshop A</strong></td>
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<tr>
<td></td>
<td>Recent Advances in Neurological Care Management</td>
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<tr>
<td></td>
<td>George A. Small, MD</td>
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<td><strong>Objectives</strong></td>
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<td>At the conclusion of this conference, participants should be able to:</td>
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<td></td>
<td>• review the proper workup and management of neurological disorders</td>
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<td>• list the current dilemmas in neurological care management and their</td>
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<td></td>
<td>resolutions</td>
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<td></td>
<td>• describe the most current treatment options and their side effects,</td>
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<td></td>
<td>as well as latest research efforts</td>
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<tr>
<td>12:15 p.m.</td>
<td><strong>Recent Advances in ALS Management and Clinical Research Trials</strong></td>
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<td>Sandeep S. Rana, MD</td>
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<td><strong>Objectives</strong></td>
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<td>At the conclusion of this conference, participants should be able to:</td>
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<td></td>
<td>• diagnose and manage patients with motor neuron diseases</td>
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<td>• describe the results of of past and current clinical research trials</td>
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<td></td>
<td>for ALS</td>
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<td></td>
<td>• access opportunities more easily for their patients to become more</td>
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<td></td>
<td>informed and involved in clinical trials</td>
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<tr>
<td>12:45 p.m.</td>
<td><strong>Lunch</strong></td>
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<tr>
<td>2:00 p.m.</td>
<td><strong>Myasthenia Gravis Association Annual Meeting</strong></td>
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**Social capital** refers to the connections and relationships that develop around community and the value these relationships hold for the members.

All of us are interested in a better community where all people have an opportunity for accessible and affordable homes, jobs or meaningful daytime opportunities and lifestyles of their choice. In spite of our many years of work on this goal, the outcomes in this area are still not satisfactory for people who are vulnerable due to age, disability or other compromises. Many of these vulnerable people find themselves in isolated situations with limited options for friendships and important social relationships. This presentation takes a close look at the reasons why our systems have not been more successful in these goals, defines and delineates the concept of social capital and offers a community building perspective designed to shift the culture to be more inclusive and supportive to all people.

**Workshop B**  
Take Care Tips: Did you remember to take care of yourself today?  
Jennifer Antkowiak

We are busier than ever taking care of our responsibilities. All too often we let our own needs take a back seat. When we don’t take care of ourselves, we increase our risk of heart disease, depression, certain cancers, and many other serious illnesses. Jennifer Antkowiak can show you how you can sleep better, eat better, get more exercise, and be calmer and more balanced with easy-to-use, affordable ten minute strategies.

Don’t stop caring! Care smarter. Care stronger.
Keynote Speaker

Al Condeluci, PhD
CEO - UCP of Pittsburgh
Pittsburgh, Pennsylvania

Al Condeluci has been an advocate and catalyst for building community capacities and understanding culture since 1970. Born and raised in the steel town of Pittsburgh, PA, still making his home there, Al received his Bachelors Degree in Psychology from Youngstown State University, his Masters in Social Work and Ph.D. in Education from the University of Pittsburgh. Since 1973, he has worked as an attendant, caseworker, advocate, planner, program director and now, CEO of his organization, UCP/CLASS.

Along with his work at UCP/CLASS, Al is associated with the University of Pittsburgh’s School of Social Work and School of Health and Rehabilitation Science and Robert Morris University Graduate School of Business.


Along with his professional activities, Al is involved in a variety of civic volunteer roles. He is on the board of the Southwest PA Partnership for Aging, The Advisory Committee of Hattie Larlham Service System and the immediate past chairman of the PA Statewide TBI Advisory Board.

Special Guest Speaker

Jennifer Antkowiak
KDKA-TV 2 News Anchor
Author, Mom and Caregiving Coach
Pittsburgh, Pennsylvania

Jennifer Antkowiak knows about caregiving. She’s a wife, mother of five, and step-mother to one. Jennifer would tell you that she feels blessed to have been a caregiver for her mother-in-law who died of cancer, and most recently for her father-in-law who died of cancer. Jennifer also knows how long-term illness can affect a family. Her mother had post-partum depression and died of a heart attack at age 50.

Jennifer’s experiences have fueled her passionate mission to help the world’s caregivers. You can find out more about the jennifer Cares mission at jenniferCares.com.

Jennifer has enjoyed a long career as an award-winning newscaster on Pittsburgh’s number one news station, KDKA-TV 2 (CBS). You can see her each weekday morning on KDKA TV from 5:00 a.m. to 8:00 a.m.

The Sponsors

Myasthenia Gravis Association of Western PA
MGA was created in 1955 and has a long history of serving those with myasthenia gravis. The organization is located in Pittsburgh, PA on the campus of Allegheny General Hospital and provides a variety of services for those affected by MG.

Myasthenia gravis (MG) is an autoimmune disorder that can affect a variety of muscles. While there is no known cure for MG, most patients can live normal lives with the help of medication.

MGA is a 501(c)3 non-profit organization and relies on community support to continue the important services offered to patients free of charge. Even though MGA is based in Pennsylvania, we regularly assist people all over the world with free materials. Our goal is to provide a higher quality of life to those with MG along the way to helping to find a cure.

Multiple Sclerosis Service Society Division of UCP/CLASS
The mission of the Multiple Sclerosis Service Society (MSSS) is to provide assistance to those diagnosed with Multiple Sclerosis through a variety of services. It is our goal is to help the general public and families of victims to better understand Multiple Sclerosis and the problems associated with the disease.

Since 1982, the MSSS has been providing services to clients with Multiple Sclerosis in the ten county area surrounding Pittsburgh. The Multiple Sclerosis Service Society provides many services, including a unique maintenance exercise and emotional support program in the client’s home.

Parkinson Foundation of Western Pennsylvania
The mission of the Parkinson Foundation of Western Pennsylvania (PFWPA) is to provide services, support and education for those afflicted with Parkinson’s disease and their families and support medical research to discover the cause and cure. Founded in 1995 by volunteers, the Foundation is guided by its board of directors, many of whom are personally affected by the disease. The Foundation offers the Parkinson Wellness Program, an annual Living Well retreat, and support groups, as well as outreach and educational programs including information and referral, professional healthcare training and community education. The Foundation strives to communi-cate with the Parkinson community and educate the general public about the disease through The Torch, a free newsletter, and the Foundation’s website at www.pfwpa.org.
Refund Policy

A refund of the registration fee will be made when a written request or a telephone request followed by a written confirmation is received one week prior to the conference. After this date, refunds cannot be made. Fees will not be refunded for failure to attend.

Registration Information

The registration fee includes the course materials, continental breakfast, lunch, break refreshments and receptions.

Fee:

- Physicians $60
- Health Care Professionals $35
- Caregivers $10
- Patients $5
- WPAHS Employees NC

To Register: To register online, please go to www.aghcmce.org. To mail or fax your registration, please complete the registration form and return it with the registration fee or fax to:

Continuing Medical Education
Allegheny General Hospital
320 East North Avenue
Pittsburgh, Pennsylvania 15212-4772

Fax (412) 359-8218

The preferred method of payment is by VISA, MasterCard, American Express or Discover; however checks will be accepted made payable to Allegheny General Hospital.

Additional Information

For additional information concerning the conference, please contact the Continuing Medical Education office by e-mail at Johnston@wpahs.org, by telephone at (412) 359-4952.