

# Western Pennsylvania's *Keystone of Hope!*

Summer 2011



## The Power of Positive Attitude

By Ginny Everard, RN

So who are you... the half-full or half-empty type?

Acknowledging your type is the first step in creating a positive attitude. This is especially true for those with a chronic medical condition. The MGA staff recently attended the MGFA National Conference in Baltimore, and I found one topic extremely interesting and valuable given by Suzanne Ruff, PhD. I hope you do as well! It's the power of thinking positively. This article is adapted from Dr. Ruff's information.

Anyone with a chronic medical condition can create a brighter outlook by arming themselves with three vital tools:

1. Learning about your condition, and the treatments available.
2. Acknowledging and managing the emotional changes that the condition can bring out. In MG, emotional changes can be from medication such as prednisone, and depression that can accompany any chronic condition. Talk to your doctor if you feel that these types of changes are occurring, have open and honest discussions with your family and ask them if they see changes in your mood or personality.
3. Returning to your pre-diagnosis life as fully and as soon as possible. Knowing that you can still enjoy life in a different way can be empowering.

Whether we realize it or not, there are stages to finding out a diagnosis that affect us. The pre-diagnosis phase can create **anxiety** because we know something is wrong even though you or your doctor do not recognize the signs and symptoms, or can put a label on it. You may even start to second guess yourself that these changes are even occurring. You may also experience **anger** and **frustration** because you can no longer do what you used to. You just want things back to the way they were.

Then we enter the diagnosis phase. Initially you may feel **relief** that it was not all in your head. This can quickly be replaced by **anxiety** due to the uncertain course of MG. This is when you need to learn about MG, treatments, and what signs are normal and those to be concerned about. This can reduce the anxiety tremendously. Anger can also raise its head with "why me?" This can lead to depression. It is important to know that these are very normal responses to a chronic condition such as MG.

Living with the diagnosis can be a series of highs and lows which are dependent on how intense your symptoms are, how many flare ups you've had, your support system of family and friends, the medical care available to you, and the number one



Ginny Everard, RN

thing: how you return to life before your diagnosis with appropriate accommodations. Finding happiness in what you are still able to do and finding purpose help through these unpredictable times.

Okay, we have talked about the body, and how it affects changes in our mood. Now let's look at the psychology of chronic conditions – in other words how our mind can affect our body. Any chronic condition can lead to depression over time. Often depression goes unrecognized, due in part to the overlapping symptoms of your chronic condition. What does this mean in relationship to your MG? Depression can manifest itself causing a lack of happiness (different than feeling sad), daytime fatigue that occurs due to lack of restorative sleep, and cognitive changes that may affect concentration and memory.

Acknowledging the symptoms is the first step in regaining control. Consider your mood, and how you interact with family and friends. Evaluate somatic (physical) changes that can't be contributed to your chronic condition, but are no less real; our mind is very powerful at how it perceives things. Reflect on your memory, ability to concentrate, and any problem-solving difficulties you may be experiencing. Are you finding happiness in relationships with family and friends, or joy in activities that you used to, or simply finding purpose to your life? If you are not, these are serious signs that should not be ignored. Once you

have acknowledged that these changes may be occurring, TALK TO YOUR NEUROLOGIST! He/she is there to help you. Whether your doctor suggests medication, therapy, or both, the recommendation should not be taken as a negative reflection on you. There is such a stigma in our society regarding mental health. The facts are it is no different than when you got your MG diagnosis. You looked to your neurologist for help controlling the symptoms and accepted the medication, plasmapheresis, IVIg, etc. to gain back control.

Now comes the interesting part about how we can create change in ourselves with positive thinking. This is not a new concept. Martin Seligman, PhD, developed the field of Positive Psychology in the late 1990's here at the University of Pennsylvania. He first studied "Learned Helplessness" in the 1960's, and has spent extensive time studying "Learned Optimism" and switching the focus from mental illness to mental health. I, as a "half-full" type, love this concept. It is a proactive approach to mental health, physical health, and general well-being.

The basis is to define happiness, not by material things but by our **emotions, purpose, relationships, and accomplishments**. Everyone will have their own definition of happiness, but let's explore some generalities.

**Positive emotions** include joy, love, inspiration, humor, awe, pride, tranquility, gratitude, interest, and hope. If you have a computer, try this free website [www.positivityratio.com](http://www.positivityratio.com). It measures your positive to negative emotions and will give you a good idea where you are. There are ways to increase your positive emotions while decreasing the negative. Try a gratitude journal. I have done this for many years, and every day I write down the things that I am grateful for. It's amazing to me how much we

have to be happy about! If writing isn't your thing, explore a new interest or deepen a current one. Dwell on happy events and conversations with friends or family that you can recount with joy. Develop a plan to defuse negative thoughts. Re-count that happy memory or look at a page in your gratitude journal. When you look at society historically there are traits in cultures that enable them to be **purposeful**. These traits have been defined as wisdom, humanity, courage, temperance, justice, and transcendence. I challenge you to try [www.authentichappiness.org](http://www.authentichappiness.org) (Martin Seligman's site) and take the VIA test. I found some interesting things out about myself. Cultivation of these traits can help you flourish and find **purpose** in any situation, even MG. Ask yourself the question: What drives me? Positive **relationships and accomplishments** are easily recognized once we recognize our strengths. Whether we realize it or not we all have them. Look at your relationships with family, friends, and your social network. What draws you to them? Get involved in your community or do some volunteer work. These are opportunities to show your talents and make a difference.

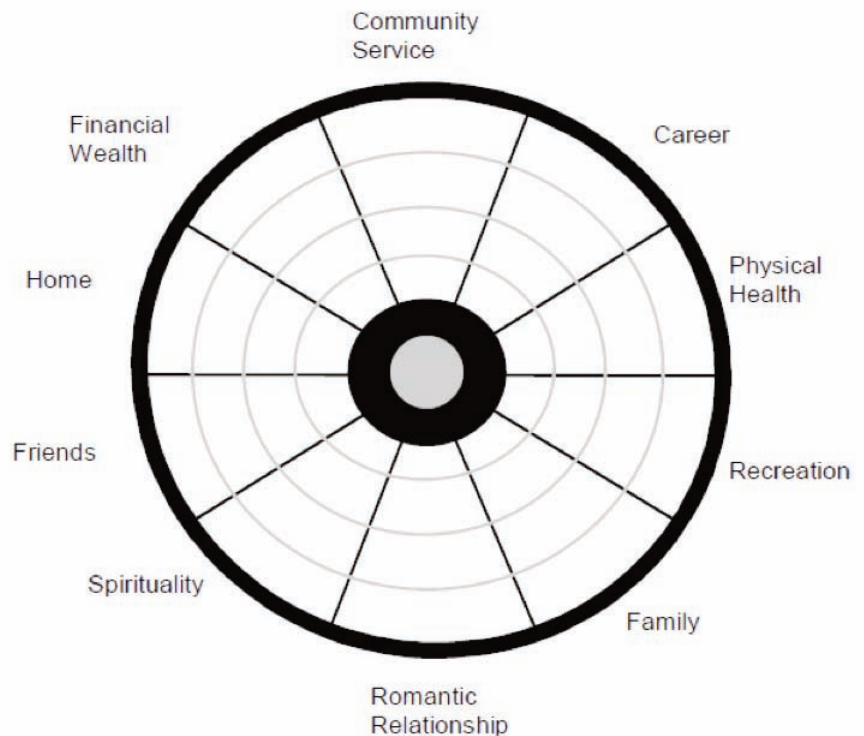
Change in attitude can easily be broken down in phases. First you must contemplate the idea of change. Then, decide you want change to occur. You can follow up by developing a plan to make this change happen, put it into action, and maintain a positive outcome. Check out [www.touchpointcoaching.com](http://www.touchpointcoaching.com). You will find some useful tools in identifying what success looks like **for you**, and the roadmap to getting there.

Whether or not you have a chronic condition, depression is a reality in our society today. Everyone is faced with challenges; it's how you face them that draws upon our life experience. Everyone has worth, everyone has talents, and everyone deserves happiness. Be a half-full!

## The Life Balance Wheel

Adapted from [www.cherifredrickson.com](http://www.cherifredrickson.com)

The 10 sections of the Life Balance Wheel represent important aspects of a balanced life. Rate your level of satisfaction with each area of your life by coloring the percentage of the wedge representing that part of your life, with 0 percent being it couldn't get any worse and 100 percent being you can't imagine it could be any better. Please note: this is just your level of satisfaction *right now*. There may be an area or areas in your life that are not present (like a romantic relationship or community service) and you may be perfectly content with that. So, just note your level of satisfaction in that area of life right now. Also, feel free to change any category names that don't fit for you. After completing the wheel, use the worksheet to make a note of what is working and what you would like to change in each area of your life.



# Life Balance Worksheet

(Separate sheets may be needed)

## Life Area: **Community Service**

What's Working Well:

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What I Want to Improve:

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## Life Area: **Career**

What's Working Well:

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What I Want to Improve:

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## Life Area: **Physical Health**

What's Working Well:

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What I Want to Improve:

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## Life Area: **Recreation**

What's Working Well:

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What I Want to Improve:

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## Life Area: **Family**

What's Working Well:

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What I Want to Improve:

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## Life Area: **Romantic Relationship**

What's Working Well:

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What I Want to Improve:

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## Life Area: **Spirituality**

What's Working Well:

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What I Want to Improve:

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## Life Area: **Friends**

What's Working Well:

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What I Want to Improve:

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## Life Area: **Home**

What's Working Well:

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What I Want to Improve:

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## Life Area: **Financial/Wealth**

What's Working Well:

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What I Want to Improve:

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Now that you have a clearer picture of what's working well for you and what you'd like to do to move your life forward, take some time to celebrate your successes. I'm sure you've worked hard to get where you are today.

Next, prioritize the things you want to improve and make an action plan to get you moving. Also, set up some support to keep you on track. It may be formal support, like individual coaching or a group process. Or, it may be having a buddy. Results increase when we release the need to 'go it alone' and reach out to give and receive support from others.



## MGA Renovates Office Space

To better serve our patients, MGA has renovated its office space. After careful consideration by the Board of Directors, the organization invested substantial funding into the project.

The newly designed space offers all of MGA's services in one location. Instead of having our administrative offices in one location and the treatment center in different space, everything now comes together under one roof in Suite 410 of the Allegheny Professional Building. Patients will have more privacy in two new exam rooms. The waiting room is cozy and comfortable, and the new kitchen area serves as both a conference and lunch room for staff and Board of Directors functions. Wait until you see it in person! The organization will be embarking on a capital campaign to recoup the funds spent on the project.

## Bill Gandjos and the Butterfly Effect

Thanks to MGA's dedicated supporter, Bill Gandjos, we launched the Butterfly of Hope Campaign on a small scale in 2011. The Butterfly of Hope Campaign will raise funds for the Myasthenia Gravis Association of Western Pennsylvania (MGA), the premier support agency in our area for those affected by the disorder.

Bill was forced to take early medical retirement from his years of service to West-Aircomm Federal Credit Union. His passion for raising awareness and educating the public about myasthenia gravis is most fortunate for the MGA of Western Pennsylvania because community education is a keystone of our mission. Along with raising awareness, raising funds to support our programs is essential. Bill came up with the idea to provide opportunities to do both by encouraging credit union customers to purchase a small sign, a Butterfly of Hope, for \$1.00 and post it on a prominent wall or window within the credit union during the month of June. The Butterfly of Hope signs are provided by MGA.

We look forward to expanding the campaign in 2012. Please let us know if you have a business or know of a business owner who is willing to get the word out about MG. Since June is Myasthenia Gravis Awareness Month, we would like to start building a list today for next year! Call 412-566-1545 and ask for Barb.



## Donna Kalisek Celebrates 20 Years of Employment with MGA

*Editors Note: Donna was interviewed along with several former and present coworkers for this article. Sylvia Danehy served as Donna's nurse and coworker. Pat Buck is a former executive director for MGA. Barb Lefler is currently serving as the executive director of the organization.*

**Pat:** Donna is a remarkable woman who many have known since she was a teenager. In her own words as written on her 50<sup>th</sup> birthday invitation, she expresses what it means to live life to the fullest. "At a young age I was diagnosed with a chronic muscle weakness disorder. Many times I almost died, but because of the support of family and friends, your prayers and your love, you instilled in me the desire to live my life the best way I could. Without the wonderful people associated with the Myasthenia Gravis Association of Western Pennsylvania, I would not be here today to celebrate."

After Donna improved and her body cooperated with her desires, she, like so many other patients, family members, and friends, became one of those "wonderful people" by volunteering wherever she could. She, along with the other volunteers, helped the association's programs grow, providing outstanding services for so many touched by this rare neuromuscular disorder. After living independently in an accessible apartment in downtown Pittsburgh, Donna began part-time employment with MGA. For 20 years, this very intelligent woman has done whatever is asked of her as an employee and continues to volunteer whenever possible. She has shouldered great responsibility for the organization's special events providing awareness of and funds for vital services.

**Interviewer:** Donna, please share a little bit about your history as a person with myasthenia gravis.

**Donna:** In 1967 my mother noticed droopiness in my left eyelid that concerned her. The eye doctor told them that he suspected either Multiple Sclerosis or MG. After a tensilon test in his office he sent me to the MG Clinic at Mercy Hospital, then run by Dr. Robert Blume. There the diagnosis of myasthenia gravis was confirmed and my life of hell began. I was nine years old and my life was drastically changed, but my will to survive, the support of my family, and the wonderful medical staff helped me to cope.

My grade school at the time didn't understand my illness so I was tutored at home for three years before going back to school in the 8<sup>th</sup> grade. Getting reacquainted with other



students and dealing with the limitations of MG was challenging but I enjoyed learning, and books are not as judgmental as people. I made a few very good friends in high school and together we graduated in good standing. It was a very proud moment in my life when I was able to walk to the podium to receive my diploma. WOW!

**Sylvia:** I remember when Donna still lived at home in Butler and would come in to volunteer. She had a friend with a shoe store downtown on Stanwix Street. He would bring her to the office in the morning, and after work I would drop her off at his shop. She had to cross the street to get to his shop and she was petrified of crossing city streets.

When she decided she wanted to move into the city it was a very traumatic experience, especially for her mother. Her mother asked why she was buying furniture and what would she do with it when she moved back home. She never thought Donna would be able to adapt and live on her own. The staff wanted to get Donna off to a good start, and we had a housewarming party for her to help her stock her new apartment.

Donna has lived downtown for many years. She takes buses wherever she needs or wants to go. She is an avid Pirates fan and goes to baseball games in the summer. She watches fireworks whenever she wants, goes to shows in town and has become a regular city girl.

**Interviewer:** You weren't always an employee of MGA. You started as a volunteer and then moved to a paid staff position. Please tell us about this important transition in your life.

**Donna:** I often contemplated what to do with my life. Living in the rural surroundings of Butler County and not being able to drive left me stranded and at the mercy of others. I did try attending community college and ended up with pneumonia my first semester, so I never went back. So I started volunteering at MGA under the watch of then-director Patricia Buck. My volunteer mentor was an older lady named Flossie Quinlan who showed me many things. Flossie was in charge of many fundraising events, from Easter and Christmas candy sales to coupon books, plus she was the one in charge of the bulk mailing of the newsletters with the HUGE addressograph machine we used to address envelopes. Flossie was the expert and she took me under her wing and taught me. After she passed away all those duties became mine. Along the way

my office skills greatly improved and I was asked to do more and more. Usually I never said 'no'. In 1991, I became a paid staff member of the organization.

**Sylvia:** One thing I remember when I first met her was that she did all the data entry in ledger books many columns wide. I didn't think much about it because Donna liked figures, but then I realized that Donna had constant double vision, and the fact that she could keep the columns straight was a wonder!!

**Barb:** I came to MGA nearly four years ago. In a very short period of time I grew to depend on Donna for many things. She has the organizational history in the forefront of her mind and is a wonderful resource. Her organizational skills and attention to detail are both remarkable and appreciated. During some of our events that have been around longer than I have, such as the Sports Memorabilia Auction, I affectionately refer to Donna as "The Boss!"

**Interviewer:** Please share some of your favorite highlights while serving people with myasthenia gravis.

**Donna:** One of the greatest thrills of my life came in 1981 when I was called upon to help with the Celebrity Golf Scrambles sponsored by Kent Tekulve. The first time he came to the office to discuss plans for the first event, well, I kind of cowered in the corner. But as the years went by my confidence grew. The tournament lasted for 25 years and during that time I met with many pro-baseball players, corporate leaders and great guys. Kent Tekulve, without knowing it, helped instill a purpose in me to do the best I could for him and this marvelous golfing event that helped raise awareness and funds to help those with MG.

**Interviewer:** Please share some final thoughts with our readers.

**Sylvia:** Donna is an inspiration to patients. She has written many stories about her life that have appeared in newspapers and newsletters. She's been around for 20 years and has touched many lives. She was, and probably still is, our "show and tell" patient when we wanted to explain ptosis bars. She's always willing to share her experience. Donna, thanks for all the wonderful memories, the trips to national meetings, the golf tournaments and all the other fundraising events we worked on over the years. MGA would not be where it is today without you. Thanks for taking a chance and coming in to volunteer those many years ago. I hope you will be a part of MGA for many years to come.

**Pat:** Donna continues to thank the "wonderful MGA people" by becoming one of them. She provides hope and encouragement as a volunteer and employee. Her light shines brilliantly, empowering many to live life to the fullest. The world is a better place because of Donna and those like her.

**Barb:** Donna is the first person that I met with myasthenia gravis. Although she can be frustrated with the limitations that the symptoms of MG burden her body with, this is not her focus. Her courage, optimism, generosity, intelligence, and grace are a beacon to everyone who comes in contact with this lovely lady. Donna often says that if she didn't have MGA, she wouldn't know what to. I submit that if MGA didn't have Donna, we would be equally at a loss.

**Donna:** Through the years I have met many patients with MG and their families, and along the way I have tried to share my story of coping and living with this illness, but the underlying truth is that working here at MGA has given me more than I have given to this organization. MGA has given me my independence, heightened my self-worth, given me the purpose that I needed to go on and to help others. There have been many adjustments to my life along the way; at times it has not been an easy path, but perseverance, the will to live, and a much-needed support system both personally and medically has gotten me through much of it.

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## United Way of Allegheny County Stops Funding MGA

Did you know that when you give to the United Way of Allegheny County's general fund, **in the near future**, MGA will receive NOTHING? If you donate to a United Way agency in Western Pennsylvania, PLEASE SELECT MGA AS YOUR DONOR DESIGNATED CHARITY. When making your donation, simply designate your payment to MGA by using the following codes:

- UW of Allegheny County #82
- UW of Beaver County #4861
- UW of Butler County #5981
- UW of Erie County #45146
- UW of Mon Valley #1178
- UW of Washington County #0082
- UW of Westmoreland County #1178

If you are a state or federal employee and want to use payroll deduction to make a donation to MGA, please check with your employer to verify the following codes:

- SECA (For State Employees): Use **S460124** (please note, the first character is the letter "S")
- CFC (For Federal Employees): There were some changes and we have been informed that **#38076** is our current five digit code.

If you have any questions regarding United Way donor designation, SECA or CFC, please feel free to call the MGA office at 412-566-1545.

**Thank you for your continued and generous support of MGA!**

## A Message from Michelle Dulashaw

I have worked in the healthcare field as a medical assistant for roughly seven years. For four of those years I worked in a primary care office and the other three years were spent working for a cardiologist. Both of those practices have wonderful doctors, who had exceptional bedside manner. I will be forever indebted to them. They helped me grow as a person and helped reinforce the practice of patience and listening to others. I did spend a lot of time advocating for patients to their insurance companies, whether it be for medications, home health care, or medical equipment.

About five years ago, I helped organize small shows for local bands, getting their names out there and letting Pittsburgh now we have some great talent in this city. I am looking forward to trying to throw some ideas into the mix as far as helping to spread awareness and fundraising.

I am still in my first 90 days and I have a lot going on already! I have been working on our Facebook page, [www.facebook.com/mgawpa](http://www.facebook.com/mgawpa), trying to keep those interested in MGA up-to-date on what we are doing as well as a few tips here and there. We have also established a Causes page on Facebook where you can donate money to MGA just by watching a few ads every day which take no money out of your own pocket! Those pennies do help, believe it or not! Also don't forget you can raise money for MGA just by using [www.GoodSearch.com](http://www.GoodSearch.com) as your search engine or using their shop online platform. When you shop different stores online through this site they will donate a percentage of what you spend to MGA! Social networking sites are amazing ways to get your message out there, but you can't do it alone. You need those who join you to continue to "carry the torch" and bring more people around to your cause.

We have restarted our monthly support group that is held the third Saturday of every month in the Singer Library of Allegheny General Hospital, unless otherwise noted. I have been sending out postcards at the beginning of every month. If you are interested in attending the support group, please call our office at 412-566-1545 or email me at [mdulashaw@mgawpa.org](mailto:mdulashaw@mgawpa.org) and ask to be put on our mailing list for the group. I can't stress enough that we need everyone attending to RSVP. This helps me



ensure that we will have a good group together, that we have enough parking passes for the James Street Garage, and that we have ample room for everyone in attendance. We still have our online support forum, which I do monitor daily. I encourage all of you with an Internet connection to check it out and participate. It's a great tool to get information as well as connect with others. Go to [www.mgawpa.org](http://www.mgawpa.org) and under the "Community" tab select "Message Board."

I decided to work for MGA because Ginny Everard and Barbara Lefler painted a wonderful picture for me. I would be getting to help others, be it through getting insurance to pay for a prescription or just being there for someone to vent their frustration. This is something I have experienced most of my life since I also suffer from autoimmune issues. I am excited and grateful to have heard about this position and to have been brought on board. It is something that I am passionate about and I hope I will make you all very happy as part of your team. I love the fact that I have a chance to put my experiences to good use. To make a difference in someone's life, that's what matters most.

**"Everybody can be great. Because anybody can serve.**

**You don't have to have a college degree to serve.**

**You don't have to make your subject and your verb agree to serve.**

**You don't have to know the second theory of thermodynamics in physics to serve.**

**You only need a heart full of grace. A soul generated by love."**

— Martin Luther King, Jr.

# 17th Annual Sports Memorabilia Auction

MGA's 17th Annual Sports Memorabilia Auction took place on Saturday, April 16<sup>th</sup>, 2011 at the Lexus Club in PNC Park. The emcee for the festivities was sports talk radio host Ellis Cannon. Radio personality John Phillips worked the auction like a pro. The attendees were also informed about myasthenia gravis while listening to Marie Batteiger speak of her dear grandfather and what she learned from him about courage and compassion.

Pittsburgh Pirates alumni KENT TEKULVE and FRANK THOMAS, along with Steelers alumni EDMUND NELSON and MARV KELLUM were numbered among our sports celebrities. Additionally, KRISTIE ORBIN and TRESSIA AVERY, players from the PITTSBURGH FORCE Women's Football League were in attendance to meet with guests and sign autographs. Attendees also enjoyed "goodie bags," ballpark snacks, the popular "grab bags" filled with a variety of sports items, a themed basket raffle, plus an array of LIVE and SILENT Auction items.

The Live and Silent auctions included approximately 125 items, both signed and unsigned, from some of the biggest names in sports including: Bill Mazeroski, Troy Polamalu, Jack Ham, Hines Ward, Willie Parker, Mario Lemieux, Evgeni Malkin, Kris Letang, and many more. The proceeds from this fun event, approximately \$8,000 this year, will benefit the programs at MGA, which include medical care, educational resources, and support services to those affected by this chronic disorder of muscle weakness that to date has no known cause or cure.

Thank you to our 2011 generous event sponsors: Pittsburgh Sports Report, Liken Home Care, The Mylan Classic Golf Tournament, and Highmark Health Plan. A very special thanks to the Sports Auction Committee, the celebrities for their time, the many volunteers, PNC Park staff, and to all those who attended this fun annual event.

Special thanks go to our amazing art framers, Frame Gallery, Jeff Edward's Gallery, LaFond Galleries, Panza Picture Framing, Pittsburgh Custom Darkroom, and Wood Street Frame Shop. As always, their beautiful work adds value to our wonderful selection of art.

Next year the 18<sup>th</sup> annual event is changing venue to Nevillewood Country Club in the South Hills, scheduled for Saturday, April 21, 2012. If you would like to be added to the mailing list for the Sports Memorabilia Auction, please contact the MGA office. Don't miss out on this fun opportunity to help support those with MG!





# ANSYS AUGUST 29 - SEPTEMBER 4, 2011



**SOUTHPOINTE GOLF CLUB  
CANONSBURG, PA**



## MISSION: IMPACT

In 2011, the Mylan Classic is pleased to announce that 100% of all ticket sales will be donated to participating regional charities. Last year the ANSYS TICKETS Fore CHARITY program generated over \$270,000 to participating non-profit organizations. Together with your help, we are striving for new heights with respect to the PGA TOUR's charitable mission and community impact on the quality of life for those in need.

**FACT** 100% OF THE PROCEEDS FROM THIS TICKET SALE WILL BE DONATED TO YOUR CHARITY OF CHOICE.

In addition to the 100% donation that each organization will receive for their ticket sales, ANSYS has graciously provided a \$35,000 Bonus Pool. The Bonus Pool will be divided amongst the benefiting charities based on each organization's percentage of total ticket revenue from the ANSYS TICKETS Fore CHARITY program. As you can imagine, this is an incredible opportunity for non-profit organizations to generate funds that support their outreach and mission.

**FACT** YOU ARE MAKING AN IMMEDIATE IMPACT ON YOUR FAVORITE CHARITY'S OUTREACH AND MISSION.

Don't miss any of the exciting action at the Mylan Classic, August 29 - September 4, 2011, at Southpointe Golf Club. Buy your tickets today! Not only will you get a chance to see the PGA TOUR stars of tomorrow, but you will make an immediate impact on the charity of your choice. With this ticket purchase your charity will receive a donation for the full amount of the ticket price. Best of all they'll receive the donation this month! Be sure to order enough tickets for your family, friends, associates and clients!



Together, anything's possible.

### 2011 TENTATIVE SCHEDULE OF EVENTS

#### Monday, August 29

Professional Practice Rounds.....Until 12:00pm  
Taggart Global Celebrity Pro-Am...12:00pm - 6:00pm

#### Tuesday, August 30

Professional Practice Rounds.....All Day  
Free Youth Clinic (Practice Facility).....5:00pm  
Concert (The Meadows).....7:00pm

#### Wednesday, August 31

Pro-Am Morning Flight.....7:15am Shotgun Start  
Clinic (#1 Tee).....12:00pm  
Pro-Am Afternoon Flight.....1:15pm

#### Thursday, September 1

Mylan Classic Round 1.....All Day  
Evening Entertainment.....7:00pm

#### Friday, September 2

Mylan Classic Round 2.....All Day  
Evening Entertainment.....7:00pm

#### Saturday, September 3

Mylan Classic Round 3.....All Day  
Pink On The Links.....All Day  
Concert (Southpointe Golf Club).....6:00pm

#### Sunday, September 4

Mylan Classic Round 4.....All Day  
Volunteer Appreciation Party.....5:00pm

# Your Benefiting Charity:

## MYASTHENIA GRAVIS ASSOCIATION OF WESTERN PENNSYLVANIA

Non-Profit Representative: \_\_\_\_\_

**How to Order:**

1. Order Online ([www.mylanclassic.com](http://www.mylanclassic.com)) or fill out this order form and pay either by Check or Credit Card (MasterCard, Visa or Discover).
2. Fax credit card orders to (724) 916-4109 or enclose order form with check or credit card information and mail to the address below.

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

\*\*\*\* Must match billing address on Credit Card \*\*\*\*

E-mail Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Ticket orders received after August 12th will be available for pick-up at WILL CALL at Southpointe Golf Club beginning August 29th.

Type of Ticket	Price	Qty.	Total
Weekly Grounds \$25.....	x _____	= \$ _____	
<i>Permits access to the tournament grounds, concerts, clinics and evening entertainment.</i>			
Weekly Clubhouse \$50.....	x _____	= \$ _____	
<i>Permits access to the tournament grounds, concerts, clinics, evening entertainment as well as the clubhouse dining area shared by the players.</i>			
10-Pack Grounds \$200.....	x _____	= \$ _____	
10-Pack Clubhouse \$400.....	x _____	= \$ _____	
			Total: \$ _____

Form of Payment (circle one): Check   

Checks should be made payable to: Mylan Classic.

Credit Card #: \_\_\_\_\_

Security Code: \_\_\_\_\_

Expiration: \_\_\_\_\_

Signature: \_\_\_\_\_

**LOG ON TO:** [www.mylanclassic.com](http://www.mylanclassic.com)

<b>MAIL:</b> Southpointe Golf Club c/o Mylan Classic Attn: Ticket Order 360 Southpointe Blvd. Canonsburg, PA 15317	<b>FAX:</b> (724) 916-4109 <b>PHONE:</b> (724) 746-3535
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### Order Your Tickets Today!



Phone: (724) 746-3535

Fax: (724) 916-4109

**2011 TENTATIVE SCHEDULE OF EVENTS**  
AUGUST 29 - SEPTEMBER 4, 2011—SOUTHPOINTE GOLF CLUB  
CANONSBURG, PENNSYLVANIA

**MONDAY, AUGUST 29**

PROFESSIONAL PRACTICE ROUNDS.....UNTIL 12:00PM  
TAGGART GLOBAL CELEBRITY PRO-AM.....12:00PM - 6:00PM

**TUESDAY, AUGUST 30**

PROFESSIONAL PRACTICE ROUNDS.....ALL DAY  
FREE YOUTH CLINIC (PRACTICE FACILITY).....5:00PM  
CONCERT (THE MEADOWS).....7:00PM

**WEDNESDAY, AUGUST 31**

PRO-AM MORNING FLIGHT.....7:15AM SHOTGUN START  
CLINIC (#1 TEE).....12:00PM  
PRO-AM AFTERNOON FLIGHT.....1:15PM

**THURSDAY, SEPTEMBER 1**

MYLAN CLASSIC ROUND 1.....ALL DAY  
EVENING ENTERTAINMENT.....7:00PM

**FRIDAY, SEPTEMBER 2**

MYLAN CLASSIC ROUND 2.....ALL DAY  
EVENING ENTERTAINMENT.....7:00PM

**SATURDAY, SEPTEMBER 3**

MYLAN CLASSIC ROUND 3.....ALL DAY  
PINK ON THE LINKS.....ALL DAY  
CONCERT (SOUTHPOINTE GOLF CLUB).....6:00PM

**SUNDAY, SEPTEMBER 4**

MYLAN CLASSIC ROUND 4.....ALL DAY  
VOLUNTEER APPRECIATION PARTY.....5:00PM

**FREE Parking & Shuttles**  
**Kids 12 & Under FREE!**

Thank you for helping MGA raise more than \$15,500 during the annual appeal in 2010!

These donations were received between November 1, 2010, and February 15, 2011.

**Perpetual Donation:  
In Honor of**

**Ron Grafton**

By Doris Grafton and Family

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- Gene's Last Chance Bistro
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- Holiday Inn University Center
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- Meadowcroft Museum
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- Furry Friends
- Jewish Community Foundation of the Jewish Federation of Greater Pittsburgh
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**Donation Form**

Your contributions help myasthenia gravis patients continue to receive the outstanding care they need. Thank you for your generosity.

Please include this form with your donation.

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Myasthenia Gravis Association of Western Pennsylvania  
490 East North Avenue, Suite 410  
Pittsburgh, PA 15212

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Enclosed is my/our donation of:

\$500  \$100  \$50  \$25  Other \$ \_\_\_\_\_

I have enclosed a check made payable to "MGA".

Please bill my credit card:  Visa  MasterCard  Discover

Account Number: \_\_\_\_\_

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**Myasthenia Gravis Association of Western Pennsylvania  
at Allegheny General Hospital**  
490 East North Avenue, Suite 410  
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